

Works Cited

- Brotherson, S. (2023, March 22). *Farming and ranching in tough Times*. NDSU Agriculture. <https://www.ndsu.edu/agriculture/extension/publications/farming-and-ranching-tough-times>
- Guardian News and Media. (2018, December 11). *Why are America's farmers killing themselves?* The Guardian. <https://www.theguardian.com/us-news/2017/dec/06/why-are-americas-farmers-killing-themselves-in-record-numbers>
- Mental Health Awareness Month Promotional Toolkit - University of Missouri. (n.d.). <https://extension2.missouri.edu/media/wysiwyg/Extensiondata/ExtensionWay/Docs/covid-19/MentalHealthMonthToolkit.pdf>
- Mental health*. AgriSafe Network. (2023, February 13). <https://www.agrisafe.org/healthcare/mental-health/#:~:text=Mental%20health%20is%20vital%20to,work%20and%20business%20can%20suffier.>
- Morgan, T. (2023, September 29). *Startling reality: Rate of suicide among farmers is 3.5 times higher than the general population*. Pork Business. <https://www.porkbusiness.com/news/education/startling-reality-rate-suicide-among-farmers-35-times-higher-general-population>
- Recognize and manage the stress of farm life*. Missouri Department of Mental Health. (n.d.). <https://dmh.mo.gov/media/pdf/recognize-and-manage-stress-farm-life>
- Startling reality: Rate of suicide among farmers is 3.5 times higher than the general population*. Drovers. (2023, September 29). <https://www.drovers.com/news/education/startling-reality-rate-suicide-among-farmers-35-times-higher-general-population>
- Suicide death rate of farmers higher than other groups, CDC Reports*. AgUpdate. (2016, August 5). https://agupdate.com/missourifarmertoday/opinion/columnists/farm_and_ranch_life/suicide-death-rate-of-farmers-higher-than-other-groups-cdc-reports/article_d8ac0464-7da4-54e3-b0aa-050c30389d14.html
- University of Missouri*. MU Extension offers mental health resources for farmers, ranchers | MU Extension. (n.d.). <https://extension.missouri.edu/news/mu-extension-offers-mental-health-resources-for-farmers-ranchers>
- University of Missouri*. New AgriStress Helpline available to Missouri farmers | MU Extension. (n.d.). <https://extension.missouri.edu/news/new-agristress-helpline-available-to-missouri-farmers>
- Why are America's farmers killing themselves in record numbers? Why Are America's Farmers Killing Themselves in Record Numbers? – Suicide Prevention Resource Center*. (n.d.). <https://sprc.org/news/why-are-americas-farmers-killing-themselves-in-record-numbers/#:~:text=Farmers%20have%20among%20the%20highest,than%20in%20the%20general%20population.>